



No Theory.  
No Fluff.

# Carol Kelly

**SPEAKER  
CORPORATE CONSULTANT  
EXECUTIVE COACH**

## CHANGE AND TRANSITION Change Can Be Tough...

**INSPIRE, ENGAGE, and TRANSFORM** Your Leaders and Teams to:  
**Execute Better and Faster! End the Resistance! Stop Power Struggles! Change the Culture! Save Time and Money!**

Whether it is a keynote or a workshop, your personal life or your career, Carol Kelly enables you to make the transformative change you desire. **Unlike traditional consultants**, Carol uses a unique "human system, group dynamics" approach to: 1) uncover the "root cause" of your problems, 2) bring your leaders and teams together to solve their problem **in real time**, and 3) save you time and money. Known as a **compelling speaker with a life-changing message**, Carol captures your imagination, challenges your thinking and unleashes feelings and emotions that cause a paradigm shift and, ultimately, a change in behavior.

With Workshops and Keynotes such as...

### Straight Talk:

***Building Highly Engaged, Productive, Resilient, Self-Managed Teams***

Get your best performers unstuck to start winning again. Bring your leaders and teams together to roll up their sleeves, attack their problem, and leave with their problem solved! Create new work norms and a renewed work culture. Build teams that execute better, collaborate vs. compete, implement change more readily, and more.

### Leading in an Environment of Change

***The Way You Lead People May Not Ever Be the Same***

In this high-impact, interactive, engaging STRATEGIC WORK SESSION, you will be prepared to: engage team members and individual contributors like never before, lead effectively without authority, manage and leverage conflict to your advantage, instill team vision and commitment that lasts, **in real time**.

### Getting Through the Wilderness in Turbulent Times

***Prepare to Have Your Thinking Challenged, Emotions Stirred, Your Spirit Lifted!***

Whether they are responsible for an organization, team or family, most of today's leaders have been taught to measure themselves by their ability to keep things from falling apart and to fix them when they do. Be informed and inspired to become a catalyst for change within yourself and others. Learn to apply the timeless strategies that wise leaders use to navigate through the complexities of change and transition and how they get others through it.

### Stiletto Power

***7 Critical Success Strategies for Women***

As women, what do you need to find and develop within yourselves to be successful? During difficult times, it can be easy to lose focus and be distracted by the obstacles that get in your way. Given the many roles that you often play, how do you build on your leadership strengths and unleash your fullest potential? In this high-energy, interactive session, Carol reveals strategies that, when consistently applied, will transform your career and your life.

## CAROL KELLY DELIVERS!

### ROI & Real Expertise

Your investment in Carol pays off. As a veteran **Leadership and Change Specialist** with a proven track record, Carol enables leaders and teams to solve their problems quickly **in real time**, saving them time and money with sustained, lasting change.

### Extreme Customization

Each experience is **customized** based on collected data and analysis, and the **desired outcomes** of the hiring client.

### Substance & Style

Carol's style is **high-energy, engaging, yet challenging**. An experience with Carol brings about **positive, permanent shifts** in mindset and behavior. Many have described her work as **life changing!**

### A Value-Added Resource

Carol has worked with thousands of leaders in Fortune 500—and smaller—companies. She will partner with you as a **trusted advisor**, helping you to strengthen your culture and **unleash the leadership competencies** needed for future success. Carol's work is **sustaining and lasting**.

Visit [www.distinctsolutionsctc.com](http://www.distinctsolutionsctc.com) for more details on Carol's presentation topics.

# Rave Reviews

"I have been to a lot of training programs within my career and I have never had an experience that had as much impact as the past two days. In most cases, it is always "role playing," and that is not real life. What we did was real. It was real feelings, real emotions, and most of all, it was the truth!"

**Senior Manager, Alcatel-Lucent "**

"Carol is one of the most skilled, inspirational speakers that I have experienced. She's not only talented, she's gifted."

**V.P. – Consumer Products, AT&T**

"Carol not only educates, she motivates and inspires you to take action and it stays with you long after she's gone."

**Master Black Belt, Six Sigma, Philips Lighting Company**

"We were faced with a massive challenge of merging the personnel from three different hospitals. This required about 1,000 people to be reassigned in work assignments and locations, and it involved layoffs and different reporting relationships. All of this created a great deal of resistance. I have never seen such a paradigm shift in people as a result of working with Carol. I highly recommend her for any tough change effort you're faced with in your organization."

**Director - Human Resources, Atlantic Health System**

"Carol helped me to develop and build a collaborative, cohesive team. Originally established as a change team—key category leaders—their performance was critical to the success of the organization's marketing initiatives, and they were divided and in continuous conflict. After a powerful intervention with Carol, I saw an instant change in their working relationships and the overall working environment improved tremendously."

**V.P. – Marketing, Philips Lighting Company – North America**

**A Few  
Past Clients**



## Carol Kelly...

is a Leadership and Change expert known for providing sustainable, measurable, innovative solutions that yield quick, lasting results. She is described as an electrifying speaker who is frequently called upon to address Senior Leaders and Teams.

She has enabled thousands of leaders and teams to obtain results they never thought were possible in a relatively short period of time. In just three days—or less—clients have reached observable, measurable results, e.g. Labor & Management, Customers & Suppliers, Cross Functional Teams, Training and Development Teams, Executives.

Carol has three decades of experience as a Keynote Speaker, an Organizational Development Consultant, Master Trainer, and Executive Coach. Her background includes two key areas: first, 20 years inside a Fortune 500 company and second, as the President of her own consulting firm. She is an alumna of the Indiana University Graduate School of Business and holds numerous professional certifications from internationally acclaimed companies.



**Engage Carol Today!**

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**DISTINCT SOLUTIONS**

**Empowering Leaders to Drive Transformational Change**